

WHAT TO BRING TO HOSPITAL

FOR USE IN DELIVERY SUITE

(consider bringing the following)

- Massage oil
- Camera
- Music of your choice
- Partners may need snacks and bathers for use in the shower/bath

FOR USE IN THE MATERNITY UNIT

Mother

- Light nightwear, dressing gown and slippers
- 8-10 pairs of underwear
- Casual clothes for day wear
- 4 packets of sanitary napkins
- Toiletries, tissues and a small amount of money
- Any medications that you take regularly
- Details of your Private Health Insurance and Medicare Card

Baby

Please bring in any outfits you may wish to dress your baby in and ensure they are labelled:

- Singlets
- Bunny rugs
- Disposable nappies and baby wipes
- Towels (Jessie McPherson supplies their own)

FOR TAKING YOUR BABY HOME

- Baby outfit
- Your baby must be transported in an approved and correctly fitted car restraint